

# VALIANT PRIDE

## Welcome to Valley Catholic

By Waverly Ann Peterson

*We are glad you have made Valley your choice for your high school education. This newspaper is to be a help for you as you begin school. Valley Catholic started in 1903 as a co-educational school named St. Mary's Academy. It became an all girls boarding school several years later. In 1991, boys were allowed to attend the school again. The student population is now between 350 and 400 students. Valley is competitive in our new sports league. There is always something to do and be involved in on campus. Life at Valley is never dull. Your experiences at Valley will be exciting and remain with you for the rest of your life. We look forward to getting to know you.*

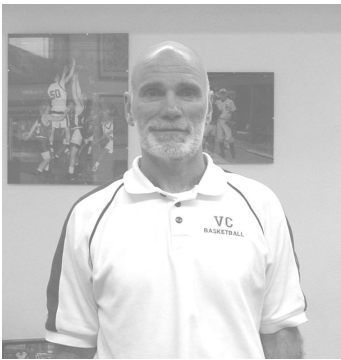


## So who do YOU need to know?

By Max Brady

A new school is always difficult. Take it from me, in the last five years I have gone to four different schools. Who do I go to for lunch tickets? Where do I get books? What if I want to change my schedule? What if I don't know what sports to play? These are all great questions, and this article is here to answer them and more.

Let's take it from the top. First on our list of people YOU need to know is **Mr. Thomas**. Mr. Thomas has been the Principal of Valley Catholic High School for five years. One of his great interests is baseball. His sons, Mike and Pat Thomas are assistant baseball coaches here at Valley. In the corridor, by the office, there is a board where sports, music, art, and articles pertaining to Valley Catholic are posted by Mr. Thomas, keeping everyone up to date. Mr. Thomas is the man working behind the scenes and keeps this school running at its competitive pace.



*A man with a strong will, he supports the students adamantly*

Mr. Thomas may be the man behind the scenes, but **Mrs. Joyaux** is the person who knows the most about the intricacies of the school. She knows everyone's name. If you are using lunch tickets, she is the one to buy them from, or if you are not feeling well she is the best person to go to. If you need to purchase a textbook, see **Mrs. Wilson**.



*Mrs. Wilson and Mrs. Joyaux are here to help you with whatever you need!*

Every year at Valley Catholic, it is required that you complete at least ten hours of community service. After completing your service hours you turn them into **Mrs. Donovan**. She is the Director of Campus Life and can be a great help. If you don't have any ideas for service hours, she can usually help you out.

So you get your phone taken away. Who do you go to get it from? **Mr. French**. As the Dean of Students he is in charge of all disciplinary action and school safety. You may also see him running occasionally, as he is one of the Cross Country team coaches.

If you are going to play sports, **Mr. Gallagher** is the guy to go to. He is the head of the athletic department and Varsity basketball coach. You can't miss him, just look for the guy with the can of Pepsi in his hand.



*Mr. Gallagher is the head of the Athletic Department and takes his job very seriously*

Academically, if you find your classes to easy or to difficult, you should talk to **Dr. White**. Dr. White is the Coordinator of Academics and can change your schedule to fit your needs. However, if you drop a class after more than two weeks it will be recorded on your transcripts.



**Mrs. Osborne** is the Head Librarian and will be most helpful to the freshmen and juniors when they do their research papers. She creates pathfinders for every class' research project, saving you a lot of time. The library opens daily at 7:45 am and closes shortly after 3:45 pm.

*Mrs. Osborne loves her job and is seen here with her favorite book, The Glass Castle.*

There are so many people at Valley Catholic that can help you, many more than could be fit into this newspaper. Perhaps the most important people will be people from your own class, people who have gone to Valley Catholic for several years. Remember to always communicate your questions, clearly with your peers or teachers. They will be more than happy to help you out.



*The staff of Valley Catholic are here to help you succeed.*

## General Parent Q & A with Mrs. Thomas

By: Waverly Ann Peterson

- Q: Will my student fit in?  
 A: *The Valley Catholic community is a welcoming environment. There are no cliques, everyone is one big group.*
- Q: How can my student get help if they fall behind?  
 A: *All of the teachers are ready to help any student succeed. Also there are students who help with tutoring.*
- Q: How can I help my student prepare?  
 A: *Give them support and encouragement. However, let them test the waters and see what they can do themselves. High school is the last step before college*