

ACTIVITIES

GETTING INVOLVED

By Julie Grove

Upon arriving at Valley Catholic, many people feel like an outcast. They do not know very many people and become scared out of their mind. Coming into a new school is a daunting experience. One has to make new friends but finding friends can be scary. The best way to meet new people with similar interests is to get involved.



One of the greatest ways to get involved is to be apart of leadership positions. Student council is a perfect opportunity. Each class has four officers: a president, a vice president, a secretary, and a treasurer. Freshmen elections are held in October, while other elections for class officers are held in May for the upcoming year. The class officers participate in Spirit Week, class meetings, council meetings, hall decorating, and other miscellaneous jobs throughout the year. There are also Student Body Officers (SBO's). They are highly involved in every aspect of the school year, from assemblies to freshman orientation to activities to fundraisers. If there is a question related to anything fun, then chances is they can answer it. If not, then **Mrs. Donovan** would be able to answer it. Their elections are in the beginning of April for the upcoming year. Student council is a great way to become close friends with fellow class officers. It is also an effective way to work with the students in your class and get to know them better.

You might look into clubs they are another way to get to know other people who share similar interests. By being a part of a club, people who enjoy alike hobbies become friends. There is also Prom Committee. Prom Committee meets throughout the year to plan prom. Sports are another great way to meet people who share a passion for a given sport.

The best way to make friends is to hang out with people who inspire good memories. Those who laugh, smile, and are just plain nice usually inspire others to act the same. By going to athletic games, memories that spawn lasting friendships are made. So get out there and have fun!

MUSIC AT VALLEY

By Madeleine Woodruff



Attention all incoming students: The music program at Valley Catholic is awesome! The school has a lot of musical groups that include choir, concert band, orchestra, string ensemble, jazz band, pep band, King's Men, Varsity Women's Choral, and the school liturgy band. Choir, band, jazz band and orchestra are regular classes. The other ensembles practice after school.

Band class is held during zero period. The band plays songs such as Diggin'

on James Brown and the British Suite in F and is taught by **Mr. Schaufler**. Orchestra is also held during zero period and is taught and conducted by **Mr. Hatton**. The orchestra plays pieces like Pirates of the Caribbean and Haul of the Mountain King. For those students who don't play an instrument there is choir. Choir takes place during zero period and is a lot of fun. This class is taught by **Sr. Juliana Monti**. Jazz band plays many funky tunes and includes a lot of improvising. This class is held during second period and is taught by Mr. Schaufler as well. String ensemble meets after school in the glee room and is also conducted by Mr. Hatton.

For extra curricular activities, Pep band will play at all of the Valley Catholic home football games. Mr. Schaufler assures all the band members "Its going to be fun, funky and get everyone revved up!" Pep band plays at all of the home basketball games during the winter with Mr. Schaufler, and it has become a requirement for all Concert and Jazz band students to attend. This is a great way to socialize, make new friends, and have a ton of fun! Liturgy band is a student organized band that plays and sings at all of the school masses.

Kings Men is for guys who like to sing in groups and Varsity Women's Choral is for girls who like to sing in groups. Every two years the band and orchestra goes on tour. This year they went to Seattle and Leavenworth for four days. Two years ago the band and orchestra traveled to San Francisco. It was a lot of fun and everyone enjoyed it. Come all students and have an awesome time with the other musicians at Valley!



SPECIAL EVENTS

By Austin Rose

Every year VCS has lots of special events to keep things busy. Here is a general run down of events on campus. The year starts off with the freshmen/senior picnic in August.

Students help raise money for their class account by selling magazines. The magazine sale is held each year in September.

The "Mr. Valiant" competition is a fun way to encourage school spirit – one guy from each class competes in a friendly talent competition.

The food drive is before Christmas and is very helpful for all of the needy families. All the students are ready and willing to bring in any of the canned foods they do not use around their houses.

The band concerts are very extravagant and led by Mr. Schaufler. They sound amazing and lots of fun. The choir and orchestra concerts are always very well put together and show off the tremendous talent of our Valley students.

Spirit Week is during Catholic School's week and is a fun way to get crazy, dress up in costumes and show off your school spirit. A highlight of the week is when each class puts on a lip sync.

Each class goes on a retreat each year. Some are just for the day and others are overnight.

Mass is a time for all of Valley to come together in worship. Different priests from different parishes help say Mass.

There are usually a couple of fun assemblies and pep rallies during the school year.